



FAQs with Red Thread Divorce Consulting's Angel Butler

Early during my own “high-conflict” divorce and custody battle, I felt a strong calling and desire to be an advocate for change in the family court system. I wanted to learn all that I could so that I could not only navigate my own litigation but also help others while advocating for changing laws, education and awareness within an outdated system that manifests its decisions based on outdated practices.

I completed the High Conflict Divorce Coach Certification Program founded by Tina Swithin and immediately began my consulting practice in order to achieve these goals.

Certified in all fifty states and a member of the National Safe Parents Coalition, my focus is child custody issues, court preparation, combating false parental alienation claims, documentation, team building, mediation and negotiations, co-parenting with a high-conflict personality, communication and child custody evaluations.

In addition to helping my clients work through their own high conflict divorce challenges whether post-, during or pre-, my goal is to develop a strategy within a self-care mindset that limits the collateral damage, time and wasted finances that result in a battle such as this.

My goal is to walk alongside my clients, and be the person that I wish was there for me while going through this experience. This journey is exhausting, isolating and mentally challenging.

You are not alone! Our story is our truth and we have walked similar paths that have connected us and our experiences. **Together we can navigate this difficult time and build a foundation that will assist in getting your life back.**

This journey demands a village. I have learned to navigate this faulty system while also building relationships with top-rated law professionals and others that can be trusted to help navigate you through this ever changing experience. **Family court is different for everyone.** Together we can strategize , focus and tackle the most meaningful issues first, while developing a “chip away” method for the rest. **Family court is a long-end game. It takes stamina, strategy, awareness, self- care and an experienced team in order to prevail.**

I have succeeded in protecting my children and rebuilding. My goal is to get you there also!

Currently, I reside in Houston with my two daughters, my husband, my dog and my very large cat. We are living a busy, but peaceful, purpose-filled life.

Protection is different than alienation!

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